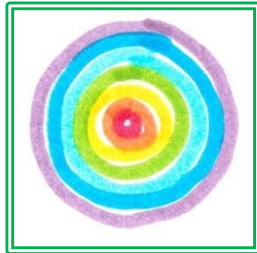




Every Ability Laughter Yoga – Mirrabooka



Laughter Yoga is a simple series of breathing, movement and play exercises designed to improve health and wellbeing.

It is simple, fun and amazzingly good for you.

Come join us for all of the fun. 😊

When: 10:30am to 11:30am every Tuesday

Where: Herb Graham Recreation Centre
"Billabong Room"
38 Ashbury Crescent
Mirrabooka WA 6061

Cost: \$5 per person

Suitability: This session is inclusive and open to everyone.
It is designed for all ages and ability levels.

For more details please contact;
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Email: creativeexpression@live.com
www.creativee.org.au
or connect with us on social media

